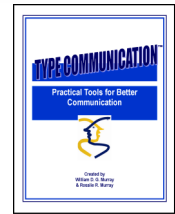
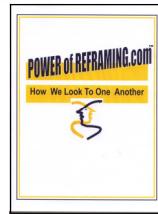
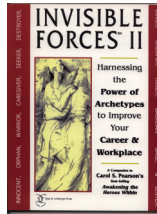
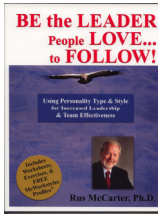
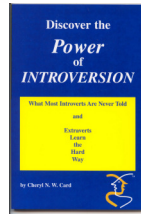
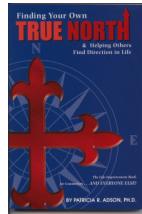
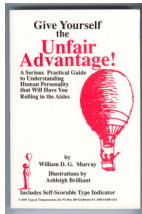




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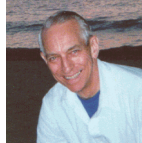
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## The Nature of Truth, The Truth of Our Nature

Type Thoughts by William D. G. Murray

A great scholar and deep thinker has written a book on truth. The addition of a little basic knowledge of human beings (the sort of thing that should be taught in grade school, but mostly isn't) can help us understand how to make practical use of the scholar's understanding.

Dr. Felip Fernandez-Armesto's book, *Truth*, finds all "truth" falls into four broad categories. Interestingly, these categories coincide with the four basic mental functions (Sensing, iNtuition, Thinking, and Feeling) as observed by C. G. Jung and made generally available to the world by Briggs and Myers.

The four categories and Functions are: (see chart below)

to spend 51% of our time using our Dominant function as Otto Kroeger put it).

It helps to understand that the first two kinds of truth reflect *two different ways of perceiving reality*, as determined by one's inborn brain "wiring." Though we all use *both*—our 5 senses (Sensing) and our "6th sense (iNtuition), we all have a preference for one or the other, and so use it more. Thus we develop greater expertise and skill in our preferred function. That one (S or N) will be the way we generally perceive the world, and will be a major determinant of our personality. Similarly, the 3rd and 4th kinds of truth reflect *two fundamentally different ways of making decisions*—also determined by our

Category of Truth	Mental Function
1. <i>Empirical truth</i> , which comes from our five senses.	Sensing (S)
2. <i>Felt truth</i> that you "just know" [through your "6th sense," intuition], rather than demonstrate.	iNtuition (N)*
3. <i>Logical truth</i> , determined by reason & the rules of logic	Thinking (T)
4. <i>Accepted truth</i> as declared by holy writ or oracle	Feeling (F)

Though all four kinds of truth—and mental functions—are always present in a society (or an individual), **different individuals and cultures — teams, organizations, societies, historical movements— are driven by their stronger relative preference for some kinds of truth over others.**

Jung's theory basically says the brain does two important things: take in information (*perceive*) and *decide* what to do about it. We have *two ways to do each* (making the four functions above), and a natural preference for one of each pair. We have a natural preference for one way to perceive, and a natural preference for one way to decide. We also have an overall preferred or "Dominant" function— one of the four, which we use most often (a good day is one where we get

inborn preference for thinking with logic (called "Thinking" by Jung) vs. thinking with our personal values systems (called "Feeling"). Thinking and Feeling (T and F) are the Judging functions—the other two of the four Jungian "mental functions," the four basic things we do with our brains.

Thus we have **4 distinct kinds of people:** Dominant Sensors, iNtuitioners, Thinkers, and Feelers. **Each constructs their own truth with different tools.** As with the story of the 4 blind men describing the elephant, it is not surprising that they find different kinds of truth.

*People with different mental preferences will have different personalities.*

(cont'd on p.4)

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**Readers' Comments About-Featured Books**

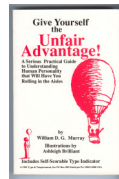
- "It speaks to me personally. I am amazed that a book on Type can be so concrete, specific, and practical." (ESFP)
- "I was impressed with its clarity and logical organization." (ENTJ)
- "It is both elementary and advanced. Like Bach and Mozart, it communicates at many levels." (ENTP)
- "A terrific book." Susan Scanlon; *The Type Reporter* (INFJ)
- "...a stroke of genius!" (ENFJ)
- "Serious good fun" (ISFP)
- "Beautiful!" is the single most frequent comment...
- "You have touched my soul" (ENFJ)
- "I read the first two lines and there were tears in my eyes" (INFJ)
- "I'm going to give it to everyone for birthdays and Christmas, for evermore" (ENFJ)
- "like having a wise mentor over your shoulder whispering encouragement and guidance into your ear... every beginning therapist could benefit from the clarity & wisdom in this book"

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William D. G Murray

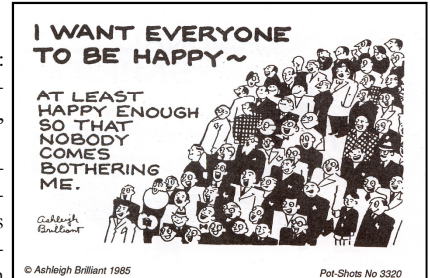
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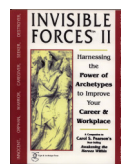
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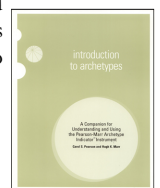
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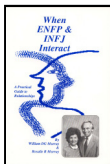
There are times when life calls you to be one of these. Some enchanted evening, the Lover archetype comes up from your unconscious and takes over.

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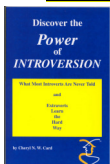
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by Cheryl N. W. Card

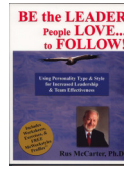
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*Note: C. G. Jung defined Introversion and Extraversion as a natural focus or turning (vert) of our energy inside (intro) or toward the outer world (extra). Today "extravert" is sometimes spelled "extrovert," with an "o." The field of psychological type uses Extravert, as Jung did.*

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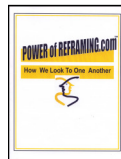
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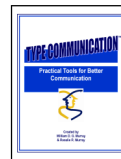
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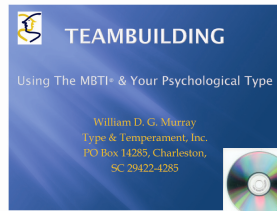
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## The Nature of Truth, The Truth of Our Nature (article cont'd from p.1)

The Senser is in touch with here-and-now facts, as provided by the 5 senses, so will tend to be practical, empirical, seeking common-sense solutions that work.

The iNtuitior makes instant mental interconnections between seemingly unrelated information, and has learned to "read between the lines," hear what you *didn't* say, come up with totally new ideas, has learned to trust hunches, see what *will* be (while the Senser sees more clearly what *is*). We all use both S and N, but prefer one and are more comfortable using that one.

The Thinker prefers to base decisions on the objective rules of logic, which tends to make him seem cool, impersonal, rationally effective, sometimes scientific, with great trust in cause and effect, in reason and the rule of law. ("This is not a court of *Justice*; this is a court of *Law*," a Thinking-type Supreme Court justice once said.)

The Feeler's truth is more personal. It may seem illogical to Thinkers, because it is based on personal values, priorities that are the logic of the heart. Feelers may thus seem warmer, more "people people." Their truth is personal and logic is irrelevant to it. It's not "Is it logical?" but "Is it good or bad, right or wrong?" We all use both T and F, but prefer one and are more comfortable using that one.

Similarly, some of us prefer a Perceptive or Adapting approach to life: casual, flexible, keeping options open while we get more information — facts (S) or possibilities (N). Others, called Judgers or organiZ-ers,\*\* prefer to be more planful, scheduled, organized, deciding quickly — whether with the head (I) or the heart (F).

Bill Murray

\* The first pair of opposing factors in Jung's typology is the focus of our energy between the outer world — Extraversion (E) and our inner world — Introversion (I). Since I is used to denote Introversion, "N" is customarily used to denote iNtuitior. To Intuitives, this will seem obvious.

\*\* The Myers-Briggs Type Indicator® uses the terms Perceiving and Judging (P&J), while The Golden™ Personality Type Profiler uses Adapting and organiZing (A&Z) for the last pair of preferences.

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